How will social communication skills help my child?
We use these skills to...
- Make friends
- Stand up to bullies
- Work in a team (school projects, home activities, sports, etc.)
- Advocate for needs
- Succeed in future jobs

What parents have said:
- “He says other’s names more, to get their attention.”
- “He started calling relatives on the phone to chat with them.”

We serve individuals that experience difficulties with social communication as a result of a variety of diagnosis areas (and not limited to):
- Autism Spectrum Disorder (ASD)
- Intellectual/Cognitive Disability
- Attention Deficit Hyperactivity Disorder (ADHD)
- Other neurological diagnoses

ASHA - Social Communication Disorder Page

Some silliness with our new friends!

Working together to solve a scavenger hunt clue!
**Benefits of group therapy:**
- Provides real-life simulation of social communication situations, promoting generalization to interactions occurring outside of the clinic.
- Allows for participants to share ideas/opinions, creating a more diverse learning experience and encourages perspective-taking.
- Creates an opportunity for participants to practice and apply what they have learned while in a safe environment.

**Possible topics:**
- Thinking about others’ interests
- Starting and ending conversations, and small talk
- Non-verbal communication
- Teamwork and good sportsmanship
- Negative comments and constructive criticism
- Nonliteral language and communication breakdown repair
- Self-advocacy, asking for help

**Possible activities:**
- Scavenger hunts
- Barrier description games
- STEM projects
- Crafts
- Sharing of self activities

**Instruct-Practice-Apply**

**What does it mean?**

**Instruct:**
- Clinicians will define and model the topic or targeted skill of the week
- The group will discuss the relevance and importance of that topic or skill in their lives

**Practice:**
- Clients will engage in controlled, small group activities and role play that offer opportunities to practice the topic or skill

**Apply:**
- In a group setting, with peers, clients receive the opportunity to implement the skills learned

**Importance:** Social interactions are abstract! We provide explicit instruction and a safe environment for questions and discussion to achieve comprehension of social behaviors. We use therapeutic strategies and techniques that make navigation of social contexts more concrete.